



# Glen Oaks Manor Newsletter

[www.glenoaksmanor.com](http://www.glenoaksmanor.com)

October 2019 – December 2019

## *PRESIDENTS REPORT*

Climate change has been a big subject as of late and Dorian proved that issue. With that in mind, please be sure you are well stocked and ready for any storm that may come our way. If you need help with your home, check with a neighbor or a board member to get things going should the need arise.

The Landscape Committee has already contacted Management and TruScapes for any help we may need, should a clean-up be necessary. The Maintenance Committee battened down the hatches a couple years ago after Hurricane Irma, so I am pretty sure we are good there. However; if anyone sees something out of place or needs repair, please notify the Board as soon as possible. It is imperative that everyone move as quickly as possible to make Glen Oaks Manor a safe haven.

The Management company did notify the authorities about the two alligators in the lake and we now have 2 permits to have them removed. How soon they will be out is unknown, and it will be difficult to retrieve them in the water, so please be patient and be careful when walking around the lakes. Also, keep your pets on a short leash for now until we know the animals have been caught and removed.

I have been asked to invite everyone from the Manor to attend our meetings on the fourth Monday of every month at Faith Presbyterian. We are getting everything ready for the Annual Meeting in February and everyone's input is welcome. Prior to that there will be a couple of Town Halls for the membership to attend so please look at the E-Blast to make sure you are informed. I hope everyone had a great summer vacation and we look forward to seeing you at the meetings.

Thank you,

Janet Stockwell

**Glen Oaks Manor**  
**Board of Directors**  
**2019**

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*Janet Stockwell*  
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[gomjogger@gmail.com](mailto:gomjogger@gmail.com)

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[nrdillard50@aol.com](mailto:nrdillard50@aol.com)

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*TBD*

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**Architecture Chair**

*Stan Yonkauski*  
941-351-0525  
[orion.blue@yahoo.com](mailto:orion.blue@yahoo.com)

**Maintenance Chair**

*Dick Lowe*  
941-374-2926 or 941-957-3228  
[rumdum99@aol.com](mailto:rumdum99@aol.com)

**Landscape Chair**

*Pat Richmond*  
941-321-4504  
[pyrichmond@comcast.net](mailto:pyrichmond@comcast.net)

**PLEASE DO NOT PARK IN THE GRASS AND ASK YOUR VISITORS TO OBSERVE THE SAME. DAMAGE TO IRRIGATION PIPES AND SPRINKLER HEADS IS THE HOMEOWNER'S RESPONSIBILITY. IF YOU ARE PLANNING A LARGE GATHERING, CALL CASEY MANAGEMENT AND ASK TO BORROW "KEEP OFF THE GRASS" SIGNS.**



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*Sarasota, FL 34231*

*Phone: 941-922-3391*

*Bridget Spence*

[BSpence@caseymanagement.com](mailto:BSpence@caseymanagement.com)

# STREET CAPTAINS 2019

STREET VILLAS	ADDRESS	NAME EMAIL	TELEPHONE # VILLA #
1N 165-169	3802-3810	Ken Abraham <a href="mailto:fiveabes@comcast.net">fiveabes@comcast.net</a>	630-479-5007 167
2N 147-158	3831-3842	William Weir <a href="mailto:w.t.weir@me.com">w.t.weir@me.com</a>	212-203-5430 149
3N 170-177	3823-3830	Carol Hart <a href="mailto:hrrhrt@verizon.net">hrrhrt@verizon.net</a>	941-780-4278 171
4N 41-46, 159-164	3900-3911	Janice Appel <a href="mailto:janiceappel@gmail.com">janiceappel@gmail.com</a>	941-228-7848 163
5N 178-185	3843-3850	Glenn Graves <a href="mailto:glenngroves69@gmail.com">glenngroves69@gmail.com</a>	941-228-2755 184
6N 29-40	3921-3932	Mike Tippery <a href="mailto:mtippery@verizon.net">mtippery@verizon.net</a>	941-685-3722 c 941-379-9472 h 32
7N 186-193	3912-3919	Stan Jones <a href="mailto:stan59jones@gmail.com">stan59jones@gmail.com</a>	941-364-5859 188
8N & 13N 1-3, 16-18	3967-3971 3961-3965	Jim Barlow <a href="mailto:jfuzzer@yahoo.com">jfuzzer@yahoo.com</a>	941-365-9495 18
9N 12-15, 194-197	3933-3940	Barbara Simmons <a href="mailto:bsimmons2422@comcast.net">bsimmons2422@comcast.net</a>	941-720-1595 197
11N 4-11	3951-3958	Ray Stockwell <a href="mailto:rfsplymi@aol.com">rfsplymi@aol.com</a>	941-955-8026 10
1W 47-50, 101-106	3601-3621 3700-3706	Mary Lou Fanelli <a href="mailto:matthew723@aol.com">matthew723@aol.com</a>	941-366-8977 103
2W 107-119	3622-3646	Beverly Heinemeyer <a href="mailto:tebehein@comcast.net">tebehein@comcast.net</a>	941-928-7739 c 941-952-0806 h 115
3W 120-133	3687-3691 3650-3678	Pat Richmond <a href="mailto:pyrichmond@comcast.net">pyrichmond@comcast.net</a>	941-321-4504 126
1S 51-60	3707-3718	Doreen Dunn <a href="mailto:doreend721@gmail.com">doreend721@gmail.com</a>	941-587-7030 52
2S 61-70	3719-3729	Susan Hopkins <a href="mailto:suzealan@gmail.com">suzealan@gmail.com</a>	941-306-9360 61
3S 71-83	3731-3743	Susan Stavros <a href="mailto:susanstavros@yahoo.com">susanstavros@yahoo.com</a>	941-400-8556 81
4S 84-96	3745-3757	Tamma Ryan <a href="mailto:which.witch1@yahoo.com">which.witch1@yahoo.com</a>	941-351-0525 91
Glen Oaks Dr 19-28	3941-3950	Phyllis Woodroof <a href="mailto:phylliswoodroof@verizon.net">phylliswoodroof@verizon.net</a>	941-350-0951 25
Glen Oaks Dr 97-100	3759-3765	Carlos Gonzalez <a href="mailto:carlosandresgdc@gmail.com">carlosandresgdc@gmail.com</a>	99
Glen Oaks Dr 134-140	3680-3696	Randy Orde <a href="mailto:rorde@comcast.net">rorde@comcast.net</a>	941-879-6658 145
Glen Oaks Dr 141-146	3812-3822	Randy Orde <a href="mailto:rorde@comcast.net">rorde@comcast.net</a>	941-879-6658 145



## Fine Properties

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### NEW LISTING: 3751 Glen Oaks Manor Drive

Pool Villa steps to the community lake, updated flooring, pool cage, pool deck and the home has been re-plumbed. \$274,900.

I have sold the following homes this year in Glen Oaks Manor:

- 3843 GOM SOLD two times this year. \$309,000 (Buyer & Seller)
- 3944 GOM Pool Villa \$246,900 (Buyer)
- 3936 GOM Updated Pool Villa \$306,850 (Seller)
- 3951 GOM Pool Villa \$276,450 (Buyer & Seller)
- 3710 GOM sold to investor, coming back in the \$300's! (Buyer & Seller)
- 3654 GOM For sale 2 years (Buyer & Seller)
- 3969 GOM Updated, no pool \$270K (Seller)

## OPEN BOARD MEMBER POSITIONS

**GOM will have 3 open Board member positions to fill at our upcoming Annual Meeting in February.**

**If you are interested in being on the HOA Board, please contact Scotty Ledford at 941-400-7360 or [scottyledford1@gmail.com](mailto:scottyledford1@gmail.com)**

## RESIDENTS CORNER

### End Unit Window Slats

After months of looking at various alternatives to replace the window slats in our lanai with wood cedar, it became obvious that doing so would be way too costly. As we pursued aluminum alternatives, again, we ran into challenges finding a source and someone reliable to install the slats.

In an effort to save our neighbors from these challenges, we found a solution and have replaced all of our wood slats with aluminum slats. The slats were replaced by Roger Miller who ably measured, ordered, installed and made our windows operable again. We were extremely happy with the quality of his workmanship and his attention to detail. Roger can be reached at (941) 376-9143.

Additionally, if you need replacement wood slats, Jim Larkin has the remaining slats we took out and donated that were in good shape.

*Please note, you will need to have the slats installed yourself.*

Submitted by Toni Greif, Villa 34

# LANDSCAPE COMMITTEE CORNER

Many of our villas have Dracaena planted along our front entrance. These plants, although very hardy, were originally meant to be kept indoors as house plants where they could be easily controlled. Dracaena are also very invasive and when planted outside, become very difficult to control. The roots of many of the dracaenas located at our front entrances, are lifting our sidewalks. Dick Lowe, Maintenance Chair, is in the process of removing these plants as a precursor to repairing sidewalks at our villas. If you have any question regarding this process, please contact Dick Lowe or Pat Richmond.



Any questions regarding planting on common property can be submitted to the landscape chair and/or a member of the landscape committee.

Thank you,

Pat Richmond

## *A Note from Management –*



A long hot summer is coming to a close. We had quite a bit of rain and that can cause mildew on the villas, pool cages or screens. Please take a minute to look at the exterior of your villa and see if there are any areas that need to be cleaned up.

Reminder- as we get into the holiday season, lights or decorations need to remain behind the split rail fence. If you have questions about the specifics, check out the website as all the documents you need are listed there. We work to keep the site updated with all current information.

Thank you for the opportunity to be the property manager for Glen Oaks Manor.

Bridget Spence

[bspence@caseymanagement.com](mailto:bspence@caseymanagement.com)

# VICE PRESIDENT REPORT

While it is hard to believe that Summer 2019 is waning, I am sure most of you join with me in looking forward to more temperate weather! My article this edition focuses on a program that has been around for some time called "File for Life", or in some areas of the country "File of Life".

## WHAT IS IT?

It is a simple program where the user inputs their medical data and other information including next of kin, insurance (Medicare) info, physician name, etc.

That information is contained in a "red packet" which may be attached to a refrigerator or other area which is accessible to emergency personnel in the event they need to come to your rescue, to those you live with, and those you designate by giving key-access to your unit.

You can find more detailed info on their website at: <https://www.folife.org/>

## HOW MAY I JOIN OR UPDATE MY INFO?

Once again, this is how your Street Captains may be of service. I will be obtaining packets from County Fire Protection (a division of the Sarasota County Fire Department) and distributing them to our Street Captains within the next few weeks. I will then ask Casey Management to inform residents of their availability through the following eblast and you can then you may contact your Street Captain to obtain a copy.

## FOR THOSE WHO PREVIOUSLY COMPLETED THE FORM

The County suggests that as we change our clocks (and our fire/smoke detector batteries) it is a good time to also check to see if our file information needs to be updated.

Thank you

Ken Abraham

# Maintenance Committee

I know I have talked about this before, but we still have some Villa's that are not illuminated at Night.

**ALL Villa's illuminated develops more Security For all!**

I believe the first step to security is a well illuminated neighborhood.

Checking your outside lights once a month is a pretty good habit to get started.

If you notice that your Neighbor's lights are not on at night, please let them know.

We encourage **ALL** Villa's to be illuminated during the dark times.

Once you are sure that your house lights are working you can determine if you need any additional security technology.

I have found that a Dust to Dawn Sensor are more reliable here in Florida than a clock timer. We get power surges here and they tend to change the accuracy of the clocks. The light sensors keep the lights on when it's dark and off when it's not. They cost about \$10.00 at Lowe's

There are security cameras that fit all sorts of needs.

There are new garage door openers that have a dead bolt that sets every time the door closes.

There are motion controlled lights for areas like behind your Privacy fence that our normal lights don't illuminate!

Thank you,

Dick Lowe





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# Treasurer's Report

by Nancy Dillard

The independent audit for GOMHA for the financial year of April 1, 2018 - March 31, 2019 has been conducted and we have received the opinion that our financials are completed in accordance with generally accepted principles of accounting and are free from material misstatement.

## Total Assets:

Operating	\$124,292.00
Replacement	<u>\$653,392.00</u>
Total	<b>\$777,684.00</b>

## Total Liabilities & Fund Balances:

Operating	\$124,292.00	(Liabilities \$27,320.00 + Fund Balance \$96,972.00)
Replacement	<u>\$653,392.00</u>	Fund Balance
Total	<b>\$777,684.00</b>	

The auditor noted that as of March 31, 2019, \$49,938 of our funds held in various financial institutions were above the FDIC protected maximum. We have opened an account with an additional bank with a \$200,000 deposit so that all accounts are insured.

<b>Operating Revenues</b>	<b>\$329,549.00</b>	
Operating Expenses:		
Administrative Expenses	\$52,569.00	
Building Maintenance	\$25,900.00	
Grounds Maintenance	\$221,717.00	
Utilities	<u>\$ 7,901.00</u>	
<b>Total Operating Expenses</b>	<b>\$308,087.00</b>	<b>Under budget \$21,462.00</b>
<b>Replacement Revenues</b>	<b>\$209,458.00</b>	
Replacement Expenses:		
Painting and Waterproofing	\$15,476.00	
Paving	\$68,867.00	
Maintenance Allowances	<u>\$17,024.00</u>	
<b>Total Replacement Expenses</b>	<b>\$101,367.00</b>	<b>Under budget \$108,091.00*</b>

\*However, several projects were delayed due to contractor availability. Those projects have been rolled into the 2019-20 financial year.



by Edie Kaplan, B.S. Alternative Medicine, Villa 104

To my friends and neighbors:

If you are considering eating the new meatless burgers, you might want to know what they are made from. According to a report in the October 2019 issue of Consumers Reports...

"**Amy's Organic California Veggie Burger, Light in Sodium**, is a good choice: Thirteen ingredients, all organic, including mushrooms, bulgur wheat, onions, celery, carrots, oats, walnuts, wheat gluten, potatoes, high oleic safflower and/or sunflower oil, sea salt, and garlic. 150 calories per patty." Of course, this is not gluten free.

"**Beyond Burger**: At least 17 ingredients, including pea, mung bean and rice proteins, canola and coconut oils, cocoa butter, methylcellulose, potato starch, pomegranate powder and beet juice extract." (Since it is not labeled organic, assume it contains some glyphosate [Roundup] and perhaps some genetically modified ingredients)

"**Impossible Burger**: At least 20 ingredients, including soy and potato proteins, coconut and sunflower oils, methylcellulose, yeast extract, cultured dextrose, food starch modified, and soy leghemoglobin\*" (Also not organic, therefore, pesticide and some genetically modified ingredients).

\*"This compound, from the root of soybean plants, is chemically similar to the heme iron found in meat. It gives the patty some of the taste, texture and juicy, bloody look of beef. Humans have not eaten leghemoglobin before. Company scientists insert the genes into genetically engineered yeast (*Pichia pastoris*) then let it ferment. This process produces large quantities of the compound, along with dozens of other proteins. Rats fed this for 28 days did not show any allergenicity or toxicity. The FDA has not conducted any independent tests to confirm the compounds safety, nor does it have to. It's up to the company to prove safety. Interestingly, this burger's nutritional profile is not much lower in dietary cholesterol than ground beef in fat and saturated fat. And it has more sodium than beef... and it is "ultra-processed." Lastly, some research suggests that heme iron may contribute to the increased risk of colon cancer and other health problems that have been associated with red meat. It's still unknown whether the heme iron may pose that same risk."

Respectfully submitted,  
Edith "Edie" Kaplan, B.S., Alternative Medicine



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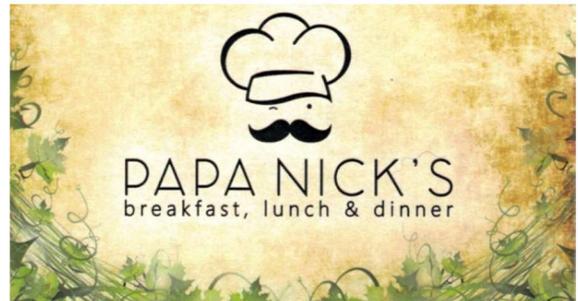
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# Community Pet Spotlight



Joy Ride is our 5<sup>th</sup> Airedale.

She is 19 months old. She didn't have enough "attitude" for the breeder to show her. She is now our Joy Girl...both literally and figuratively.

Owners:

Judy Johnston & Linda Cordisco

Villa #112



Max is 17 weeks old and has resided in GOM for 5 weeks. He is an all-black Miniature Schnauzer. He is settling in very nicely and has been meeting both human and dog residents of the Manor.

Owners: Bill Byers & Pat Cosgrove Villa #6

If you are interested in having your pet shown in our newsletter, please email Tricia Burchett at [triciaburchett@gmail.com](mailto:triciaburchett@gmail.com) and include a photo and a brief description. If multiple entries are received, one pet will be randomly drawn for each edition

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## ARTICHOKE DIP

1 (14 oz) can artichoke hearts, drained and chopped

1 package frozen spinach, thawed and drained

1 c mayo

1 c grated Parmesan cheese

Preheat oven to 375 degrees.

Combine the artichoke hearts, mayonnaise and parmesan cheese and mix well. Spread mixture in a 9x13-inch baking dish and bake in the preheated oven for 15-20 minutes, or until bubbly and golden brown.

Serve with tortilla chips, bread or crackers. Enjoy!

Tricia Burchett

Villa #45

*Adapted from a family friend (Stephanie Golly)*

If you would like to see your recipe featured here, please contact Tricia Burchett at [triciaburchett@gmail.com](mailto:triciaburchett@gmail.com). Please include your name, Villa # and contact info. Multiple entries will be randomly drawn each quarter to be featured.

If the recipe is not your own, please include the source.